

# LUNCH BREAK LIVE *with* TXCFW SPEAKERS



WEEKDAYS OCT 2 - OCT 9 @12pm CDT

## **NEW**

Join us live from 12 – 12:30pm CDT each weekday following the conference, until Oct 9th, for LIVE, interactive content on the platform.

To participate, simply login and find the live sessions on the screen in the lobby, or by clicking the notification at 12pm CDT each day from inside the platform.

Friday Oct 2nd

### **ASK THE RECRUITER with Megan Brandenberger**

Ever wish you could get the inside scoop on the hiring process? Liberty Mutual recruiter Megan Brandenberger, who has been a recruiter for almost a decade, will be answering your questions about pre-screening, interviews, follow up, and more LIVE.

Monday Oct 5th

### **BUILD YOUR BRAND ON LinkedIn with Amanda Healy**

Back by popular demand, award-winning marketing leader Amanda Healy shares her best advice on how to leverage LinkedIn to build your brand online and strengthen your network.

Tuesday Oct 6th

### **BOOK CLUB with Pat Mitchell**

Join groundbreaking media icon, global advocate for women's rights, and co-founder and curator of TEDWomen, Pat Mitchell for an intimate conversation about her memoir *Becoming a Dangerous Woman: Embracing Risk to Change the World*.

Wednesday Oct 7th

### **MID-DAY MEDITATION with Erinda Martin**

Join us LIVE for a Mid-Day Meditation with Erinda Martin of Yoga Pod Austin. Erinda will guide you through a meditation for centering and mindfulness that incorporates breathwork and body relaxation. All experience levels are welcome for this simple, grounding practice.

Thursday Oct 8th

### **LinkedIn FOR JOB SEEKERS with Amanda Healy**

Are you effectively using LinkedIn for your job search? Award-winning marketing leader Amanda Healy shares tips to make your profile stand out to recruiters.

Friday Oct 9th

### **LET'S GET COOKING with Janelle Reynolds & Krystin McCarley**

Tune in LIVE as a local, Austin chefs Janelle Reynolds and Krystin McCarley of Rosedale Kitchen and Bar will show us how to make an easy and satisfying lunch. Come be inspired and learn some new techniques during this 30-minute demonstration. Let's get cooking!

*#TXConfWomen*