

TEXAS

CONFERENCE FOR

WOMEN

Texas Conference for Women Luncheon Menu with Ingredients

Austin Convention Center
November 16, 2023

Standard Lunch

Chicken Salad Sandwich

- **Ingredients:**

- Bread Flour, Olive Oil, Kosher Salt, Yeast, Rosemary, Garlic, Sea Salt, Chicken, Mayonnaise, Lemons, Stone Ground Mustard, Celery, Green Onions, Fresh Tarragon, Fresh Parsley, Pepper, Leaf Lettuce, Roma Tomato

Side Salad with Champagne Vinaigrette

- **Salad Ingredients:**

- Carrot, Brussels, Red Onions, Thyme, Garlic, Olive Oil, Apple Cider Vinegar, Apple Cider, Shallot, Maple Syrup, Sea Salt, 16 Mesh Black Pepper

- **Salad Dressing Ingredients:**

- Champagne Vinegar, Dijon Mustard, Oil, Salt, White Pepper, Champagne

Potato Chips

- **Ingredients:**

- Potato, Vegetable Oil, Peanut Oil, Corn Oil, Cotton Seed Oil, Sunflower Oil, Canola Oil, Safflower Oil, Soybean Oil, Sea Salt, Sugar, Black Pepper, Onion Powder, Garlic Powder, Dextrose, Corn Starch, Maltodextrin, Yeast Extract, Citric Acid, Spice

Lemon Basil Cookie

- **Ingredients:**

- Sugar, Lemon Zest, Basil, Butter, Kosher Salt, Flour, Powder Sugar, Heavy Cream, Vanilla, Water, Red Food Coloring
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Alternate Lunch (Vegan & Gluten Free)

Quinoa Chickpea Salad

- **Ingredients:**

- Quinoa, Spring Mix, Chickpeas, Cucumber, Red Bell Pepper, Red Onion, Parsley, Olive Oil, Lemon Juice, Red Wine Vinegar, Garlic, Sea Salt, Black Pepper

Side Salad with Champagne Vinaigrette

- **Salad Ingredients:**

- Carrot, Brussel, Red Onions, Thyme, Garlic, 16 Mesh Black Pepper, Olive Oil, Apple Cider Vinegar, Apple Cider, Shallot, Maple Syrup, Sea Salt, 16 Mesh Black Pepper

- **Salad Dressing Ingredients:**

- Champagne vinegar, Dijon mustard, Oil, Salt, White pepper, Champagne

Potato Chips

- **Ingredients:**

- Potato, Vegetable Oil, Peanut Oil, Corn Oil, Cotton Seed Oil, Sunflower Oil, Canola Oil, Safflower Oil, Soybean Oil, Sea Salt, Sugar, Black Pepper, Onion Powder, Garlic Powder, Dextrose, Corn Starch, Maltodextrin, Yeast Extract, Citric Acid, Spice

Vegan/GF Cookie

- **Ingredients:**

- Margarine, Sugar, GF Flour, Kosher Salt, Basil, Lemon Zest, Powder Sugar, Coconut Milk, Vanilla, Red Food Coloring